

## Team Rules for Barlow Ski Team

### **I. Membership Criteria**

- A. Must be enrolled as a full time student (at least five classes) at Barlow High School.
- B. Must meet all requirements of eligibility as established in Rule 8 of the OSAA/OISRA. Refer to OSAA website at [www.osaa.org](http://www.osaa.org)

### **II. Attendance**

Must attend training, races, and team meetings unless circumstances arise in which the absence is excused.

#### **A. Excused absences:**

- (1) Physical injury or illness
- (2) prearranged absences to participate in other school or family activities may, at the discretion of the head coach, be excused
- (3) absences requested/verified by the parent or guardian of the member will be excused.

#### **B. Unexcused absences:**

- (1) Four unexcused absences will be allowed.
- (2) After five unexcused absences the member will be placed in the race order at the end of the Varsity II at the next race.
- (3) After six unexcused absences the member will be suspended from the next race, but must attend the race and assist the coaches
- (4) After seven unexcused absences the member may be dismissed from the club.

### **III. Race Seeding:**

Varsity I and Varsity II race order will be determined by the coaching staff. The following will be considered in all seeding determinations

- A. attendance at practices and races
- B. level of skiing ability as demonstrated during ski drills
- C. placement during practice-race time trials
- D. placement at league races.

### **IV. Varsity letter:**

To earn a varsity letter, a member must meet two of the following criteria

- A. race in Varsity I position for half of the league's qualifying races
- B. finish in the top 50% of your gender in half of the league qualifying races
- C. place in the top 50% of your gender in the overall league standings at the end of the season.