

**METRO LEAGUE INTERSCHOLASTIC
SKI RACING ASSOCIATION
STANDARD OPERATING PROCEDURES 2008-2009**

I. ARTICLE - Introduction

Coaches and officials will subscribe to the point of view that if a doubt exists, it is better that an infraction go unpunished than to have the infraction be wrongfully punished.

II. ARTICLE - Race Procedures

- A. All MLISRA sanctioned races will be run in accordance with these Standard Operating Procedures.
- B. An interscholastic ski race shall be held on Saturday. No interscholastic ski race shall be held on Sunday.
- C. A league race season shall consist of at least four races to qualify for the State Championships at any level of competition.
- D. Each school is responsible for providing volunteer gatekeepers, timers and other volunteers necessary for operation of each race. Each school will designate a Parent Representative who will be responsible for the parent volunteer coordination.
- E. Each Parent Representative will provide the Parent Representative Coordinator or the Race Secretary with a list of volunteer gatekeepers, timers, and other officials as necessary no later than Wednesday at 9:00 p.m.
- F. Penalty for absent race workers by the participating schools on race day will result in a charge of \$150 per volunteer replacement to be paid to the MLISRA.

III. ARTICLE - Race Entry

- A. Race orders will be emailed, faxed or called (League Secretary not responsible for errors) or hand delivered to the Race Secretary no later than Thursday at noon prior to the Saturday race. Coaches will list the members of the team in the order in which they are to race by name in each classification in the following order:
 - Girl's Varsity (6 names)
 - Boy's Varsity (6 names)
 - Girl's Varsity II (all remaining)
 - Boy's Varsity II (all remaining)
- B. If the coach fails to provide the race order on time, the running order of the previous week's race shall control. If the omission occurs for the first race of the season, the school's team(s) will race in alphabetical order. If the team raced in the Christine Cato Memorial Race, that race order will be used.
- C. Race entries will be seeded according to draw as follows: #1 member of the #1 team, #1 member of the #2 team, #1 member of the #3 team, etc.; followed by the #2 member of each team in reverse order; following by the #3 member of each team in order of the draw, etc.
- D. Seeding of racers will be voted on prior to the start of the racing season. Members will vote of a Quasi-Random seating from the software program or a separate drawing shall occur for Girl's Varsity, Boy's Varsity, and Varsity II. A separate draw shall occur for each race.
- E. Race order for the team shall be: If race is by gender Girl's Varsity, and Girl's Varsity II, then Boy's Varsity, and Boy's Varsity II. If by Varsity and Varsity II then Girl's Varsity and Boy's Varsity, then Girl's Varsity II, and Boy's Varsity II,
- F. Substitutions in the race order must be made on race day prior to the start of the race as follows:
 - 1. Girl's Varsity and Boy's Varsity Substitutions.

- (a) Alternates may be moved into the racing slot of a missing racer. The alternate will ski with their original number (bib). The missing racer's bib will be returned to the Officials' area. (No racer may be moved into the alternate's spot).
- (b) If a racer who raced the first run is unable to race in the second run, then the alternate may be substituted as described in (a), unless there is no alternate. If there is no alternate, the position will remain vacant.
- 2. Any other racer classifications may be substituted as needed to fill all of the racing spots from the official team roster.
- 3. Substitutions should be made with the Race Secretary. Coaches making substitutions in the start area or finish area before the racer races shall fill out a substitution form. The coach must advise the starter to inform the timers of a racer racing out of order.
- 4. Bib packets and race orders will be available for pickup at the Coaches Meeting no later than 8:00 a.m. on the day of the race.

IV. ARTICLE - Race Organization

- A. The League Executive Committee shall appoint the Race Committee.
- B. Race Committee and Jury Composition.
 - 1. The Race Committee consists of:
 - a. Chief of Race
 - b. Chief of Course
 - c. Chief Gate Judge
 - d. Chief of Timing and Calculations
 - e. Race Secretary
 - f. Jury Coordinator
 - g. Additional members at the discretion of the League Executive Committee.
 - 2. The Jury consists of:
 - a. Technical Delegate**
 - b. Chief of Race*
 - c. Assistant Chief of Course (a Coach - appointed by Executive Committee)*
 - d. Referee*
 - e. Assistant Referee (Coach elected)*
 - f. Start Referee*
 - g. Finish Referee*
 - h. Chief Gatekeeper*
 - i. Chief of Course

* denotes voting members

**The Technical Delegate will vote only in the case of a tie.

The positions of Assistant Chief of Course and Assistant Referee will be filled by coaches of a participating team.

- C. Duties of Race Officials
 - 1. Technical Delegate
 - a. The Technical Delegate will be approved by the League Executive Committee
 - b. Makes sure that the rules and directions of the MLISRA are adhered to.
 - c. Assists all officials and race personnel to make sure the race is run safely and

- effectively.
 - d. Advises the organizers within the scope of their duties.
 - e. Acts as chair of the Coaches Meetings.
- 2. Chief of Race
 - a. Directs and controls the work of all officials.
 - b. Summons the meeting of the Race Committee for consideration of technical questions.
- 3. Chief of Course
 - a. Responsible for the preparation of the courses in accordance with the decisions of the Race Committee and the Jury.
 - b. Must be familiar with ski area personnel and policies.
- 4. Chief of Timing and Calculations
 - a. Responsible for the coordination of officials at the start and finish.
- 5. Race Secretary
 - a. Responsible for all technical aspects of the competition relating to the formulation of the start orders and results.
 - b. Acts as the official representative of the MLISRA.
- 6. The Referee
 - a. Selected by the TD or other official coordinating the jury, and approved by the TD.
 - b. Responsible for all matters involving safety and course setting legality.
 - c. Must be familiar with all MLISRA rules of competition and current standards for course setting (preferably possessing excellent course setting skills), start and finish area construction, and all rules pertaining to disqualification.
 - d. Is responsible for course inspection, either alone or accompanied by members of the Jury. Preferably, inspection will occur by observing the course setters or through immediate inspection after the course is set. If the Referee inspects and proposes a change, the course setter must be informed before alteration occurs.
 - e. Is responsible for receiving the reports of the Start and Finish Referees and the race officials about the infractions of rules and the gate faults at the end of each run.
 - f. Checks all Gate Judge Cards for accuracy.
 - g. Posts the DQ list with the names of the competitors disqualified and the time of posting.
 - h. Works closely with the TD.
- 7. Assistant Chief of Course
 - a. Appointed by the League Executive Committee to oversee the smooth operation of the race.
 - b. Serves as the liaison between the coaches and the Jury on all matters related to the competition.
 - c. Should possess most if not all of the capabilities and knowledge of a Referee, including course setting.
- 8. Assistant Referee
 - a. Elected by a vote of the coaches to serve as their representative for all pertinent concerns of the Coaches.
- 9. The Start Referee
 - a. Must be present at the start at least 10 minutes prior to the start of course

- inspection by competitors and must remain at the start throughout each run.
- b. Must make sure that the regulations for the Start and the start organization are properly observed.
- c. Determines late and false starts.
- d. As the race progresses, reports to the Finish Referee the names and bib numbers of the competitors who did not start, have made false starts, late starts, or other infringements.

10. The Finish Referee

- a. Must be in position at the finish at least 10 minutes prior to the start of course inspection by competitors and must remain throughout each run.
- b. Must make sure that all regulations for the finish area are properly observed.
- c. Ensures proper recording of the finish order of all competitors.
- d. Supervises the timing and crowd control in the finish area.
- e. Must be able to communicate immediately with the Start at all times.
- f. Reports to the Referee the names and bib numbers of competitors, who did not start, have made false starts, late starts, or other infringements at the finish or in the finish area.
- g. Approves provisional re-runs at the request of a competitor for valid claims.

11. Chief Gate Judge (Chief Gatekeeper)

- a. Organizes and supervises the work of the Gate Judges.
- b. Instructs in gate keeping rules and procedures, including placement and gate assignment.
- c. Collects all cards for submittal to the Referee following each run.

D. Officials Behavior

- 1. Officials will refrain from use of alcohol, tobacco, controlled substances not medically prescribed, and profanity in the immediate Start/Finish areas as well as along the course.

E. Duties of the Jury

- 1. Monitors the adherence to the rules relating to technical and discipline throughout the entire race.
 - a. Technical Concerns, by
 - 1) Checking the racecourse and the set of the course.
 - 2) Checking the snow conditions on and beside the course.
 - 3) Checking the preparation of the course.
 - 4) Checking the crowd control measures.
 - 5) Checking the start, the finish area and the run out from the finish.
 - 6) Verifying the availability of ski patrol service and equipment.
 - 7) Establishing the schedule of the race.
 - 8) Verifying the legality of the course.
 - 9) Checking that current safety measures are met.
 - 10) Determining the manner of the course inspection by competitors in conjunction with the course setter.
 - 11) Inspection of the course before the race.
 - 12) Approving and determining the number of forerunners for each run.
 - 13) Granting re-runs.

- 14) Interrupting the race, as needed.
 - b. Disciplinary Concerns, by
 - 1) Recommending reclassification of a competitor for lack of physical and technical ability.
 - 2) Pronouncement of disqualifications.
 - 3) Deciding upon infractions by coaches.
 - 4) Recommending disciplinary action for the course setters and officials to the League Executive Committee.
 - 5) Deciding on protests.
- F. Duties of Others
 - 1. Course Setter
 - a. Appointed by the League Executive Committee.
 - b. Varsity Course setters shall not be first year MLISRA coaches.
 - 2. Forerunners
 - a. Each run must be preceded by at least two forerunners.
 - b. Organizers should be prepared to provide additional forerunners to insure proper function of the timing and communication systems.
 - c. Should be identifiable, preferably with forerunner's bibs.
 - d. Must possess sufficient skiing ability to cover the course in racing fashion.
 - e. Are governed by the same rules of race.
 - f. Forerunning is not a right or opportunity for training. Forerunning allows the Jury to determine that the course and all other race components are ready to commence the race.
 - g. After an interruption of the race, additional forerunners may be authorized as needed.
 - h. The times of the forerunners are neither announced nor published.
 - i. Upon request, the forerunners shall report to members of the Jury regarding the snow conditions, visibility and set of the course.
 - j. Serve as course maintenance workers throughout entire race.
 - k. Responsible for the availability and correct placing of enough spare poles. Poles must be placed so that the competitors are not misled. This must be checked by the Jury.
 - 3. Gate Judges (Gatekeepers)
 - a. Are responsible for the supervision of one or more gates as assigned by the Chief Gatekeeper.
 - b. Must observe accurately whether the passage of the competitor was correct through the entire area of observation.
 - c. Must fulfill a number of other important functions as presented during the morning gatekeeper's meeting.
 - d. Must attend a gatekeeper's meeting at 8:30 A.M. on the morning of the race.
 - e. Must pick up and return buckets each race day.
 - f. Gatekeepers who disqualify a racer must remain at the ski area and must be available to the Race Jury until after the Jury meeting.
 - g. Gatekeepers will not be allowed to use any form of video camera, or still camera, while the race is being conducted.
- G. Coaches
 - 1. A Coach's meeting will be held prior to each race at 8:00 A.M. The coach, assistant

coach or if neither is available, a racer representative from each team will attend.

Notification of the following will be announced:

- a. The time and place of required course preparation.
 - b. Bib check off procedures.
 - c. Location of DQ list.
 - d. Problems from previous races.
 - e. Current course location and conditions.
 - f. Pre-race course inspection procedures.
2. If a coach has made a legitimate correction or request of a racer and the coach fails to obtain cooperation, the coach should tell the racer of the coach's capacity, and if the racer doesn't voluntarily comply, report the occurrence in writing to the race jury.

V. ARTICLE Race Operation

A. Start and Finish

1. The Start

- a. The start of the race is defined as the moment the Start Referee calls for the first racer. Time is to be noted on the DQ list.
- b. The start area must be closed off to everyone except the starting competitor accompanied by only one coach and the start officials. The start area should be protected appropriately against inclement weather. A special roped off area must be provided for competitors, coaches, and other service personnel in which they may prepare without being interrupted by the public.
- c. The start ramp shall be prepared in such a way that the competitors can stand relaxed with the front binding on the starting line and can quickly reach full speed after leaving the start.
- d. The start gate shall consist of two posts, approximately 60cm apart and shall not project more than 50cm above the snow. These posts shall support the timing device(s) with one wand placed so that starting is impossible without its opening. The height of the wand shall be approximately 3/4 the length between the ankle and knee of competitors.
- e. No official or attendant shall give an advantage to or disturb the starting competitor. All outside help is forbidden. By order of the Starter, the competitor must plant his/her poles in front of the start line, or where indicated. The Starter must not touch the competitor at the start. Pushing off from the start posts or other aid is forbidden. The competitor may start only with the help of his/her ski poles.
- f. When the course is ready for a competitor, the Starter will tell the competitor--"Attention racer...10 seconds"... at which time the racer prepares to start..."5, 4, 3, 2, 1, Go, 1, 2, 3, 4, 5". The racer is allowed to start between five seconds before "Go" and five seconds after "Go".
- g. Start timing shall measure the exact time the competitor crosses the start line with his/her leg below the knee.
- h. Racers will start in the order of the racer's bib number.
- i. Racers who reach the start after their order will be allowed to race on a "time and condition" basis at the end of their classification, unless the starter deems the delay was due to "*force majeure*," in which case the start referee may allow a provisional start.
- j. Provisional Starts

- 1) Provisional Starts from delayed or missed starts will be inserted at the end of the classification or may be inserted at the end of each seed at the discretion of the Start Referee.
 - 2) Provisional starts for reruns may, after reporting to the Start Referee, be inserted behind the racer in the start gate or the racer entering the start gate (thus not to interrupt the mental preparedness of the intended racer) or at such time the competitor is ready.
 - 3) The Start Referee will make all decisions in the case of a delayed start. At the conclusion of the race, Start Referee must inform the Referee of the start numbers and names of competitors who were not allowed to start because of late appearance, who were allowed to start in spite of late appearance, who were allowed to start provisionally.
- k. A start time is valid if it occurs within the following limits: three seconds before and three seconds after the official start time. A competitor who does not start within that space of time will be disqualified. Immediately after the race, the Start Referee will inform the Referee of the start numbers and names of the competitors who made a false start or violated the starting rules.
- l. Start intervals shall be decided by the Start and Finish Referee. The start interval may not be less than 30 seconds.

2. The Finish

- a. The race is concluded at the moment the final racer crosses the finish line and the Finish Referee declares the course closed. The time is noted on the DQ list.
- b. The finish area must be plainly visible to the competitor approaching the finish. It must be wide with a gently sloped smooth, outrun. It must be especially well prepared and smoothly packed to make stopping easy.
- c. In setting the course, particular attention shall be paid to directing competitors across the finish on a natural line, adapted to the terrain.
- d. Appropriate safety measures shall be used to prevent any possibility of collision with the finish structures.
- e. It is recommended that the finish area be completely fenced in. Any unauthorized entry must be prevented. Barricades shall be placed so that competitors are not injured by colliding with them.
- f. The finish line is marked by two poles or vertical banners. The width of the finish is considered to be the distance between the two finish poles or banners.
- g. The finish must be no less than 7.061M wide.
- h. The timing pickets are to be placed directly behind the finish posts or banners, on the downhill side.
- i. The finish line must be clearly marked with coloring material.

B. Course Setting

1. The "Setup/Teardown" School must provide enough of the sufficient personnel, resources and equipment as follows.
 - a. Shaggers must be provided for the course setter, at a time to be fixed by the League Executive Committee, so that course setter can concentrate on the actual course setting and not be distracted by fetching poles and equipment.
 - b. Blue and red poles.
 - c. A corresponding number of flags, divided by color.
 - d. Sledgehammers, crowbars, drills, wedges, rakes, shovel(s), and salt.
 - e. Dye for marking the position of the poles and the finish line.

2. The positions of the turning poles are to be marked with an easily recognizable coloring substance, which remains visible throughout the entire race.
 3. The gates must be numbered from top to bottom of the course and the numbers attached to the outside pole. Start and finish are not counted.
 4. Poles
 - a. Rigid Poles: Round, uniform poles with a diameter between a minimum of 20mm and a maximum of 32mm and without joints, are allowed as rigid poles. They must be of such a length that, when set, they project at least 1.80M out of the snow and they must be made of a non-splintering material (plastic, plasticized bamboo, or material with similar properties).
 - b. Flex-poles: Flex-poles are fitted with a spring-loaded hinge. They must conform to the FIS Specifications.
 5. Slalom: The turning poles must be a flex-pole, with or without flagging.
 6. Giant Slalom: Two pairs of slalom poles are used, each pair carrying a banner between them. The turning pole should be a flex-pole.
- C. Execution of the Race Run
1. Correct Passage
 - a. A gate has been passed correctly when both the competitors ski tips and both feet, with mounted skis, have passed across the gate line. At the last gate, if a competitor loses a ski without committing a fault (e.g. not by straddling a slalom pole) then the tip of the remaining ski and both feet must have passed the gate line.
 - b. In the event that a competitor removes a pole from its vertical position before both the competitor's ski tips and both feet have passed the gate line, the ski tips and feet still must pass the original gate-line (marked in the snow).
 - c. A competitor may lose one or both skis and not be disqualified. If a second binding release occurs more than two gates from the finish on the Varsity Course (and a third binding release on the Varsity II or other course), it shall be a clear disqualification and the competitor may not continue on the course.
- D. Crossing the Finish Line
1. The finish line must be crossed:
 - a. On both skis, or
 - b. On one ski, or
 - c. With both feet in case of a fall in the immediate finish area, when the racer's momentum carries the racer across the finish line. In this case, the time is taken when any part of the competitor's body or equipment stops the timekeeping system.
- E. Interruption of the Race. If an interrupted race cannot be finished on the same day, it is to be treated as a terminated race. A member of the jury may interrupt the race:
1. To allow course maintenance, if this is necessary for the competitor safety or to allow a fairer and more consistent course for all competitors.
 - a. In such cases, if the jury anticipates maintenance will be required, the anticipated times and duration of interruption should be published before the race.
 - b. The race shall be restarted as soon as the work on the course is completed.
 2. When circumstances present increased danger for the competitors.
 3. In case of unforeseen incidents and dangers.
 4. Upon request of a Gate Judge order a brief interruption of the race.

- F. Termination of a Competition. A race may be terminated by a majority vote of the head coaches. The coaches should terminate a race:
 - 1. If the competitors are endangered by exterior disturbing influences.
 - 2. If different conditions arise or the proper conduct of the race seems no longer to be guaranteed.
 - 3. If the competitor's safety, because of exterior circumstances, can no longer be guaranteed, and an improvement can no longer be expected.
- G. "Force Majeure" may be declared by either the coaches or the jury.
- H. Protests.
 - 1. Types of Protests.
 - a. Against admittance of competitors or their competition equipment.
 - b. Against the course or its condition
 - c. Against the condition of the course after the start of the race.
 - d. Against another competitor or against an official during the race.
 - e. Against posted disqualifications.
 - f. Against timekeeping.
 - g. Against being declared ineligible for interscholastic competition with the league representative prior to the end of the last league race.
 - h. To allow a provisional rerun to be counted as the official run.
 - 2. Place of Submittal and deadlines for submittal.
 - a. Protests pertaining to the race are to be submitted at the location designated the official notice board or at a place announced at the coaches' meeting.
 - b. Protests pertaining to rulings from the TD or Jury are to be submitted to the MLISRA Executive Committee.
 - c. Against the admittance of a competitor before the start of the race.
 - d. Against the course or its condition, with the Start or Finish Referee, no later than 15 minutes after the course is set, or 60 minutes before the start of the race (whichever is closest to the start time).
 - e. Against the condition of the course after the start of the race will be filed with the Start Referee verbally. The Start Referee will halt the race and contact the Technical Director. The jury will immediately address the protest.
 - f. Against another competitor or competitor's equipment or against an official because of irregularities during the competition, within 15 minutes after the last competitor has passed the finish.
 - g. Against decision of a Jury disqualification, filed with the race jury within 15 minutes of the posting of the DQ list.
 - h. Against disqualification because of an irregular execution of the race, within 15 minutes after the posting of the disqualification.
 - i. Against the timekeeping, within 15 minutes after the posting of the result list.
 - j. The jury may extend the time for filing.
 - 3. Forms of Protest.
 - a. Protests are to be submitted in writing. Protests must be substantiated in detail. Proof and all available evidence must be submitted as part of the protest.
 - b. Protests concerning course condition may be made verbally to a member of the Jury.
 - c. Protests will not be substantiated by video tape, or any type of video

- equipment.
4. No Protest Fee will be charged.
 5. Authorization: Duly designated coaches, League Representatives and officials may submit a protest.
 6. The official disqualification list will be posted as soon as possible after the race.
 7. Settlement of Protest by the Jury
 - a. The Jury shall meet to consider protests at a place and time determined and announced at the coaches meeting.
 - b. Where a protest against disqualification by a gate judge (gatekeeper) that gatekeeper and, if needed, also the gate judges (gatekeepers) of the adjacent gate combinations and any other involved officials, and the protesting coach, or League Representative in place of the coach, shall be invited to attend.
 - c. At the vote on the protest, only the Jury members may be present. The TD chairs the Jury Meeting. A decision requires a majority of all voting members of the Jury. In case of a tie, the TD shall vote. The rules on which the decision is to be based shall be applied and interpreted to advance the interests of good order and discipline, fairness and sportsmanship, with reasonable doubt resolved in favor of the racer.
 - d. The decision is to be made public immediately after the jury meeting.
 8. Right of Appeal. There is no appeal of the jury decision.

VI. ARTICLE - Technical Information - Giant Slalom

- A. Technical Data.
 1. Vertical drop:
 - a. Minimum: 140M
 - b. Maximum: 350M
 2. Gate Width:
 - a. Minimum: 4M
 - b. Maximum: 8M
 3. Between Gates:
 - a. Minimum: 10M
 4. Number of Gates:
 - a. 12%-15% of vertical drop.
 5. Gates:
 - a. A giant slalom gate consists of 4 slalom gates and 2 flags.
 - b. The gates must be, alternately, red and blue.
 - c. The flags are to be at least 75cm wide and 50cm high. They are to be fastened between the gates so that the lower edge of the flag is at least 1 M above the snow.
 - d. The gates must be set so that the competitors can distinguish them clearly and quickly, even at high speed.
 - e. The two flags of the gate should be set at right angles to the racing line.
 - f. For closed gates, the flags should be approximately 30cm wide and 50cm high.
 - g. Numbers of gates are to be rounded up or down from the decimals.
- B. Inspection of the Course
 1. The gates must be finally set at least one hour before the start.

2. The competitors are allowed to study the course after its final setting, by a method determined by the Jury and the course setter.
 3. Skiing through a gate or practicing turns parallel with those required by gates on the course will lead to disqualification.
 4. Competitors are not permitted to enter the course on foot without skis unless instructed by the Jury.
- C. Execution of the Giant Slalom
1. A Giant Slalom should be decided by two runs.
 2. The second run may be held on the same course, but at least two gates must be reset.

VII. ARTICLE - Technical Information - Slalom

A. Technical Data:

1. Vertical drop:
 - a. Minimum: 100M
 - b. Maximum: 180M
2. Gate Width:
 - a. Minimum: 4M
 - b. Maximum: 6M
3. Between Gates:
 - a. Minimum: .75M
 - b. Maximum: 15M
4. Number of Gates:
 - a. Minimum: 30
 - b. Maximum: 68
 - c. 33%-38% of vertical drop.
5. Gates:
 - a. A slalom gate consists of 2 slalom poles with or without flags.
 - b. The gates must be, alternately, red and blue.
 - c. The slalom poles may carry flags of about 24cm by 22cm, matching the color of the pole.
 - d. The distance between two gates may be no less than .75M. This distance must exist between the poles of different gates as well as between the gate line of one gate and the poles of another.
 - e. A Slalom must contain horizontal (open) and vertical (closed) gates as well as a minimum of one and a maximum of three vertical combinations, three to four gates and at least three hairpin combinations.
 - f. The gates must be set so that the competitors can distinguish them clearly and quickly, even at high speed.
 - g. The two flags of the gate should be set at right angles to the racing line.
 - h. For closed gates, the flags should be approximately 30cm wide and 50cm high.
 - i. Numbers of gates are to be rounded up or down from the decimals.

B. Inspection of the Course:

1. The gates must be finally set at least 30 minutes before the start.
2. The competitors are allowed to study the course after its final setting, by a method determined by the Jury and the course setter.
3. Skiing through a gate or practicing turns parallel with those required by gates on the course will lead to disqualification.

4. Competitors are not permitted to enter the course on foot without skis unless instructed by the Jury.
- C. Execution of the Slalom:
1. A Slalom should be decided by two runs.
 2. The second run may be held on the same course, but at least two gates must be reset.

VIII. ARTICLE - Scoring

- A. Team Scoring:
1. The awarding of points for team places according to the results of a race is determined as follows:
 - a. Team points will be determined by the number of complete teams at the start of the race season. Team points will remain the same throughout the race season.
 - b. 2 points for each team in the competition level.
 - c. A team that does not have 3 qualified finishers will receive 0 points.
 2. Sample for 13 Teams:

Place	Points
1st	26
2nd	24
3rd	22

3. If two or more teams have the same time, they will be given the same place on the official results. Therefore, if two are tied for 1st place, there will be no 2nd place winner but the next place listed will be 3rd. Points will be adjusted accordingly.
 4. Team points will be awarded at all classification levels.
 5. The team time will be the sum of the best 3 individual times in the first run, plus the sum of the best 3 individual times in the second run.
- B. Individual Scoring
1. The top thirty finishers at the Girl's Varsity and Boy's Varsity levels in any given race will be awarded points. No individual points will be awarded in any other classification.

Place	Points	Place	Points	Place	Points
1st	100	11th	24	21st	10
2nd	80	12th	22	22nd	9
3rd	60	13th	20	23rd	8
4th	50	14th	18	24th	7
5th	45	15th	16	25th	6
6th	40	16th	15	26th	5
7th	36	17th	14	27th	4
8th	32	18th	13	28th	3
9th	29	19th	12	29th	2
10th	26	20th	11	30th	1

2. The top five cumulative point totals in each discipline as well as the combined total will determine the All Metro Team. (Top five Girl's Varsity Slalom, Giant Slalom, and Combined and the top five Boy's Varsity Slalom, Giant Slalom, and Combined.)

3. Alternates' times will not count toward a team time, but will count toward individual points and standings.
 4. If two or more competitors have the same time, they will be given the same place on the official results.
 5. Boy's Varsity and Girl's Varsity individual times will never be combined into a common list.
- C. Calculation and Announcement of Results
1. Unofficial Times: Times taken by the timekeepers shall be considered unofficial times. They shall be posted on a score sheet which shall be available to the competitors who have finished.
 2. Disqualifications: As soon as possible after completion of the race, disqualifications shall be posted on the official notice board. The time limit for protest is counted from the moment of this posting.
 3. Official Results
 - a. The official result list must contain the following:
 - 1) The name of the organizing school or league.
 - 2) The name of the competition, the site, discipline and classification (Varsity men, Varsity women, Varsity 2)
 - 3) The date of the race.
 - 4) All details concerning the competitors, finish order, start number, surname, first name, school, 1st run time, 2nd run time, combined time, did not finish, or disqualified.
 - 5) For each run, the names of the course setter, the number of gates and the start time.
 - 6) The weather, the snow conditions on the course and the air temperature at the finish area.

IX. ARTICLE - League Championship

- A. The Metro League Championship will be determined by totaling the points earned as described in Article VIII.B. Team ties will be resolved by using the total league race times for the entire season to determine the team rankings.
- B. There will be a Girl's Varsity and Boy's Varsity Champion.

We would like to thank the many volunteers that put on the Metro Ski League races.