

Nordic Division Steering Committee  
Sisters High School  
Sisters, Oregon  
October 24, 2009  
12:15 pm – 1:47pm  
Approved Oct. 29, 2009

Present:

Eric Martin: Nordic Director  
Charlie Wilshire: Nordic Assistant Director  
David Munson: Nordic Commissioner  
Laurie Martin: Southern League Rep  
Mike Bogar: Northern League Rep  
Jinny Martin: Nordic Secretary  
Bill Martin: Mt. View coach, tape recorder, consultant

Nordic Division treasurer

David Munson agreed to ask Brice Murri if he would still be the Nordic Division Treasurer for this season. Also, will find out if anyone else can sign the checks.

Recommendations of the Rules Committee (See Appendix 1 for details.)

Proposal #1 was regarding the definition of the events at the State Meet. Unanimous approval.

Proposal #2 was regarding the inclusion of relay team scoring in the Nordic State Meet Policies. Unanimous approval. Discussion: There is some debate about changing the relay points in Southern League, so placing this scoring system in the Policies under the State Meet means that the rules apply only to the state meet relay scoring, and the leagues have the option of having different systems for scoring relay points.

Proposal #3 was regarding dropping a system of scoring JV teams when there is no relay race. Unanimous approval. Discussion: This scoring system had never been used in 10 years.

Proposal #4 was regarding being propelled by a ski-less foot in a race if equipment breaks. Unanimous approval. Discussion: Don't add any more verbiage to this rule, remembering that the TD at a race can use judgment for any unusual circumstance.

Charlie reported on OISRA Board decisions (from morning meeting):

1) The OISRA Board recognized that the letter from the Summit High School principal recommending that a Summit student be allowed to ski in OISRA races fulfilled the OISRA requirements for a student to have permission from the school to represent that

school in OISRA activities. The OISRA Executive Director will confirm with the insurance company that this letter validates membership in OISRA, so that the student and coach have OISRA insurance coverage.

2) The OISRA Board accepted a modification of Eric Martin's proposal for temporarily modifying the number of OISRA official state meet qualifying races for Northern League. The final wording for the exception to OISRA Policy #4, in part, says that for one year the Northern League's race season must consist of at least three (3) official qualifying races for the state championships.

The OISRA Executive Director will check with the OISRA insurance provider to find out if OISRA insurance would provide coverage for OISRA participants in an ONC event. Based on that information, the Board will review the issue of sanctioning the OISRA participation in a Teacup/ONC sponsored event.

#### Where to place the Independent Summit Nordic Club

The Nordic Steering Committee unanimously agreed to place the Independent Summit Nordic Club in the Southern League.

#### Reports from Schools:

Charlie Wilshire reported

- there is interest in North Eugene—5-6 students with their parents showed up to informational meeting
- probably about 35 students at South Eugene--they have 8-9 coaches now at South Eugene, and the coaches have decided to rotate through the schools in Eugene area
- Will still be same 3 students at the NWOS, and may be 2-3 more

Jinny Martin reported

- There is interest in Hood River. The alpine coach and school have accepted the program within the ski club at Hood River and 3 other people are willing to help with Nordic. The alpine coach says several track athletes have expressed an interest. One volunteer has a daughter who will be a freshman at Hood River next year and wants to have the program established for her daughter. Have not had informational meeting yet.

Mike Bogar reported

- St. Mary's will have a full size team, as last year.
- Franklin will have a full team—3 members this year.
- Cleveland has 5 returning skiers and Mike has an assistant coach who is a cross country running coach. Will have a meeting this week.
- Will make contact at Wilson (contact given to him by Dave Munson).

Eric Martin reported

- Mt. View graduated 23 kids, so this year's team may not be as big as last year. To date have 35 paid who all have equipment. Running program is supportive. Probably will have in the range of 50 skiers.
- Michelle Davis will approach Cascade Academy. Last year the principal signed the M-1 form, but the interested athlete quit before the racing began. Michelle will see if there is more interest this year.
- LaPine looks promising. Erika Schmidt will be the school contact and is looking for someone to do dryland. Darren vom Steeg will also help get things started.
- Trinity Lutheran principal is enthusiastic, but has only a few students—no commitment from any of them yet.
- Overall numbers from Central Oregon area will probably be the same as last year.

### 2009-2010 Race Schedule

There is a conflict with OHSNO for Mt. Bachelor race. Will try to switch Hoodoo and Mt. Bachelor on January 16<sup>th</sup> and January 23<sup>rd</sup>. Charlie will talk to Terry about the rescheduling.

### Snow Sportsmanship Program

Charlie Wilshire is the Nordic Division representative to the Snow Sportsmanship Program. (Pilot Program)

### Junior High School Associate Membership

Jinny will find out how the Jr. High School Associate Membership works for insuring Jr. high students who want to participate at OISRA practices. She will report back to everyone by email.

Meeting adjourned 1:47 pm.

Respectfully submitted by  
Jinny Martin  
OISRA Nordic Division Secretary

Appendix I: Proposals Recommended by the Nordic Rules Committee on May 2, 2009

**Proposal # 1.** The Rules Committee unanimously approved recommending to the Nordic Steering Committee the following changes in wording in the Nordic Policies:

**Section II Nordic State Meet Policies**

G. The State Meet will *be 2 days in length* and begin on the eighth Friday of the year.

*Day 1: Friday, single event, Boys and Girls 4.5K – 6K Interval Start*

*Day 2: Saturday, Two events:*

*Event 1: Boys & Girls 5 K Interval Start*

*Event 2: Boys & Girls Relay 3 x 1K, Mass Start*

*EVEN YEARS: 3 x 1 K CL, FS, FS*

*ODD YEARS: 3 X 1 K CL, CL, FS*

*Preference is for Friday's event to be a Freestyle race.*

**DISCUSSION:** The added course length was to allow for more flexibility for the layout of the course on Friday

**Proposal # 2.** The Rules Committee unanimously approved recommending to the Nordic Steering Committee the addition in Nordic Policies of the description for Varsity Relay team scoring as follows:

**Section II Nordic State Meet Policies**

**M. Scoring**

1. See *Nordic Race Rules*, Section II *H* for how teams are scored *for* individual races.

2. *Varsity Relay team scoring is as follows:*

*--First Place Team 6 points*

*--Second Place Team 12 points*

*--Third Place Team 18 points*

*a. The points are to be increased by six (6) for each team on through the remaining relay results.*

*b. Varsity team relay finish orders ignore any JV1, JV2, etc. relay team finish orders.*

*For example: if the overall relay finish order were Varsity team school A, Varsity team school B, JV team school A, Varsity team school C—then the placement for the Varsity teams is:*

*1<sup>st</sup> place School A*

*2<sup>nd</sup> place School B*

*3<sup>rd</sup> place School C*

*c. If a school has only 2 competitors for a Varsity relay team, then those two racers will compete in the first two legs of the relay and a dummy time (a time equivalent to the slowest time of the third relay leg) will be added to their composite time. That total time will be compared to the total times of the other Varsity relay teams to arrive at a finish position.*

- d. If a school has only one (1) competitor, that competitor can ski in the relay event.*
- i. That competitor can ski the third leg on a relay team that has two other competitors who form a team from another school, or he/she can ski one leg on a relay team where each leg is skied by a competitor from a different school.*
  - ii. The finish times of these composite teams are not posted, but the individual lap times are calculated and posted.*
2. The overall team points for any team at the State Meet will be the sum of the team points from the two individual races and the relay race. Ties are broken according to the Nordic Race Rules, Section II **H 2**.
3. The Boys and Girls Combined Team scores are calculated by adding the Boys Team total points to the Girls Team total points. Ties are broken according to the Nordic Race Rules, Section II **H 2**.
4. To determine the ranking for the individual combined awards, the elapsed times for each competitor for the two individual races will be added.

**Proposal # 3.** The Rules Committee unanimously approved recommending that the Nordic Steering Committee delete the Nordic Race Rules, Section II The Nordic Race Rules H, 2. This rule dealt with calculating Junior Varsity scores for JV Teams in an individual race. This deletion changes the other numbers under “H” to be one less number. Also, H 1 would be slightly changed to match the wording Section II M1.

#### H. Calculation and Announcement of Results

1. Calculations for Varsity **Team** scores, *for Individual races*.

**Proposal #4:** The Rules Committee unanimously approved recommending that the Nordic Steering Committee add an Exception to Nordic Race Rules Section II G 2.

Section II G. 2. Competitors may use no supplemental means of propulsion other than skis and poles.

**EXCEPTION:** *If the racer breaks a binding or ski so that it is not functional they may continue on the course by propelling themselves with their ski-less foot. As soon as they can get a substitute ski they may finish the race on the replacement ski.*

Section II G 4. The entire course must be accomplished on **at least one ski**.