

| OISRA Nordic Races 2009 | | | | |
|--------------------------------------|-----------------|---------------------------------------|-------------------------------|----------------|
| Southern League | | Plus Joint Races with Northern League | | |
| Updated Oct. 31 st , 2008 | | | | |
| Date | Location | Venue | Cost Estimate | League |
| 3-Jan | Diamond Lake | 4K CI and FS, Sprint, Pursuit | \$100 donation ONC Sponser | Open |
| 10-Jan | HooDoo | 5K CI, 1K Relay | \$8 + Groom | Joint |
| 17-Jan | Diamond Lake | 5K FS, 1 K Relay | Free | SL |
| 24-Jan | Mt Bachelor | 5k CI, 1K Relay | \$9 + Groom | Joint |
| 31-Jan | Willamette | 5K FS, 1 K Relay | \$5 + Groom | SL |
| 7-Feb | Chemult | 5K CI, | Free | SL |
| 14-Feb | Open | | | |
| 20-Feb | Hoodoo | 5 K Free Style | \$8 -10 + Groom | State Champ |
| 21-Feb | Hoodoo | 5 K CI, 1 K Relay | \$8 -10 + Groom | State Champ |