

**OISRA Nordic Steering Committee Meeting**  
**March 28, 2010**  
**Rays Grocery Community Room**  
**Sisters, Oregon**  
**11:10 a.m. – 4:26 p.m.**

Present:

Steering Committee (voting members):

Eric Martin—OISRA Nordic Division Director, chairperson  
Laurie Martin—Southern League Representative  
Mike Bogar—Northern League Representative  
Dave Munson—Nordic Division Commissioner  
Charlie Wilshire—Assistant Nordic Division Director

Other:

Jinny Martin – Nordic Division Secretary  
Candace Bonner—St. Mary’s coach (Northern League)—was present only for  
discussions prior to Old Business  
Leslie Batten—Franklin coach (Northern League)  
Carl Batten—Northern League volunteer, calculator  
Bill Martin—State Meet Venue reconnaissance  
Rodney Lee—2010 State Meet Coordinator

To accommodate Candace Bonner’s request, the steering committee agreed to change the order of the agenda and address three New Business agenda items (specifically, OISRA-OHSNO joint race issues) as the first order of business.

OHSNO request for a Joint Race

- Dave Munson gave background on the OHSNO request for a joint race. Candace expressed her concerns about the viability of the Northern League without joint races with OHSNO. Mike expressed his opinion that there are good kids and good coaches who put on good races in OHSNO, and it seems to him that we can get by the issues that happened 4 years ago, because the two organizations now don’t have rules that are that much different from each other. He would like to see the two organizations getting together. Charlie suggested figuring out the intrinsic problems that seemingly make it difficult to come together with OHSNO for a race and then come up with two or three possible solutions.
- First identified issue was insurance.  
**Dave Munson agreed to take on the action item of working with Michael Coe (OHSNO president) and insurance agents from both OISRA and OHSNO to evaluate and identify any gaps in insurance coverage that would happen if there were a joint event.** It was also advised that Dave discuss the concept of a temporary team membership (see below) in OISRA with the OISRA insurance provider.

- Second identified issue was interference from a racer from a different organization affecting an individual's race results.  
 Conclusion was that interference from another racer, regardless of the affiliation of the other racer, is a part of the sport of ski racing. Interference from racers is not an issue if all racers are members of the same organization or are members of different organizations.
- Laurie introduced the idea of a temporary, weekend membership in OISRA for non-OISRA members.  
 Others agreed this would be a good idea. Then Policy #9 does not have to be changed to allow OHSNO racers to enter an OISRA race.
- Mike expressed concern that coaches who are not coaches of participating OHSNO teams may not be covered for liability when they take their racers to OHSNO races. Mike, Candace, and Dave all came to the same conclusion that in Northern League, it is simplest if the teams join both OISRA and OHSNO and participate in both OISRA and OHSNO races, being insured as coaches by each organization respectively. And they felt that a temporary team membership in OISRA would solve the insurance problem of any OHSNO teams that wanted to participate in an OISRA NL-run race at Teacup.
- **Jinny agreed to develop the paperwork for a temporary M-1 form to be approved by the OISRA board and the OISRA lawyer.**

#### Consideration for 3 leagues

Dave presented a suggestion for balancing the numbers in the leagues by looking at the possibility of having 3 leagues, which each have small numbers, similar to the numbers currently in Northern League. The proposal was intended to meet the league criteria identified in OISRA Policy #4. The race schedule would be a combination of dual joint events of only two leagues at a time and full joint events where all three leagues were present. Dave acknowledged that this suggestion would minimize the concept of a league (such as league points and competition within a league). The suggestion was not accepted by anyone present, but it was a springboard for making efforts to help Northern League solve their dilemma of having small numbers.

#### Motion to approve Skadi Cup as a qualifying race for the state meet

After debate and amendment, the following motion by Mike Bogar was unanimously adopted: ***“The Nordic Steering Committee supports allowing the 2011 OHSNO-run Skadi Cup to count as an official, non-point league race that would qualify for state.”***

Eric and Dave will take this proposal to the OISRA Board and ask for the Board's approval.

#### Motion to approve extending the 2009-2010 exception to the OISRA Policy #4

The following motion by Laurie Martin was unanimously adopted: *“The Nordic Steering Committee supports extending for one year the modification of OISRA Policy #4 such that the Nordic Northern League’s official qualifying races for the state championships will consist of at least three (3) official qualifying races in 2010-2011.”*

Eric and Dave will take this proposal to the OISRA Board and ask for the Board’s approval.

Motion to approve discussion with OHSNO for a joint race

The following motion by Dave Munson was unanimously adopted: *“The Nordic Steering Committee approves continuing discussion with OHSNO for a joint race.”*

Dave will continue to dialogue with OHSNO coaches. Charlie Wilshire also volunteered to talk to OHSNO people.

**OLD BUSINESS**

Minutes from October 24, 2009 Nordic Steering Committee Meeting

Minutes had been approved on October 29, 2009. No additional comments.

Treasurer’s Report

Treasurer’s report was unanimously approved. (See Appendix I)

Review of State Meet Coordinator’s notes regarding the administration of the 2010 State Meet.

- USSA Technical Delegate’s Review is posted on the OISRA website <http://oisra.org/Nordic/StateRace.html>
- See Appendix II for State Meet Coordinator’s Review
- Suggestions for future:
  - Pay attention to “service charge” for awards’ dinner. The \$636 charge was an unexpected large expense this year.
  - Noted that there were the most injuries of any prior state meets. Important that Nordic patrol was **on site** and able to attend to injuries immediately.
  - Chain of command did not work according to procedures already in place when it came to making a decision about changing the classic race course on race day for safety reasons. Two assistant coaches requested a course change.
    - Arm bands used for head coaches might be helpful, but all people already know each other.
    - Friday coaches’ meeting could be a place to remind coaches of the **process** to follow if they find themselves in a situation where they want to address a course change on race day.
    - If anyone brings up the safety issue, need to have something more than a coach saying this is too scary for beginners, because the TD will not accept that reason at the state championships.
    - Reminders of etiquette and behavior for coaches sent out just before the races. Except in situations of extreme changes of conditions caused by

- nature, refrain from using safety issue because it disrupts the race timeline. Friendly reminders is a good ritual. Add to reminders section of information sheet. Also, include expected coach's behavior in reminders.
- If there are any concerns, go to the head coach, who can meet with the TD. Tell TD that people may come up to him who are not authorized to demand changes to the course, but the OISRA Nordic steering committee expects the USSA certified TD to make a reasoned decision based on their broader experience in evaluating race courses.
  - **Regarding race course changes on race day, be sure all coaches know the process (as described in OISRA race rules) and stick with that process, giving TD the decision-making authority.**
- Discussed the problem of a lapped skier causing interference in the girls' relay race.

#### Motion to change the tracking rule in the relay.

The following motion by Charlie Wilshire was unanimously adopted: ***“In relay, you can track the lapped skier.”***

#### Motion to accept Rules Committee recommendations for Policy changes

Laurie Martin's motion **“to approve all rule committee recommendations”** was unanimously adopted. (See Appendix III for recommended rule changes.)

#### Clarification of proposal regarding how state meet venue and state meet coordinator are chosen

- Rodney explained his observation that the way the state meet organization now works is that the state meet coordinator and the race committee members who volunteer to take on the key jobs determine how the state meet is run. In reality, it has not been a league organization structure that is working to run the state meet.
- The Rules Committee had been confused about the intent of Rodney's proposal and spent a lot of time trying to figure out how best to address his proposal. It was noted that if there is confusion about the intent of a proposal, the rules committee could call the person who sent in the proposal for clarification, especially when discussing the proposal becomes time-consuming.

#### Southern League Report –Laurie Martin reviewed the Southern League Spring Meeting

- Accepted proposed Southern League Race Schedule for 2011 (See Appendix IV)
  - Venue for Paintball Biathlon and format (thinking of a relay team format) are still being discussed
  - Other race venues, disciplines, and formats are finalized
- Discussed the state meet at Mt. Shasta
- Are recruiting new schools
- Consideration if non-point races could count as state qualifying races

- Banned ipods and individual listening devices from races and warm-up areas for Southern League races
- In SL review of state meet overall consensus was that state meet went really well with good races, great grooming, good time. The coaches discussed the width of the relay course, other areas at Mt. Hood as a venue, and finding out more about how trail fees were determined for parents and racers—but no action items were identified.

#### Northern League Report –Mike Bogar

- Approved a tentative Northern League race schedule for 2011, but expect it will change. (See Appendix V)
  - Two joint races with Southern League (one on Feb. 5<sup>th</sup>, which matches SL schedule)
  - Have week of Jan. 22<sup>nd</sup> off because it is week before finals and do not want to have an overnight race that weekend
  - Don't have a race on last week before state
  - Open to changing schedule
- This year had a pretty good race schedule for the Northern League teams, but half of the races were not Northern League races
- Have proposals for changing the Northern League SOP.

### **NEW BUSINESS**

#### Tentative League Race Schedules

- League reports included these race schedules. (Appendixes IV and V)

#### Decision on number of joint league races

- Unanimous decision to “*have two joint league races in 2011.*”

#### Discussion about joint races

- Agree that Feb. 5<sup>th</sup> at Mt. Bachelor will be the date and venue for one of the joint races.
- Mike said that Northern League would do Willamette Pass as a one day trip. Would be an easier venue for Ashland.
- Charlie offered his house in Eugene for lodging for both Ashland and Northern League teams for a Willamette Pass race.
- Mike will finalize the date and venue of the second joint race by email.

#### Preview of 2011 State Meet

- Rodney suggested the Southern League have a regular league race at Mt. Shasta to have a dry run before the state meet. [After the meeting, Eric and Charlie decided to have a ski camp at Mt. Shasta sometime in December.]
- Bill Martin presented maps of tentative race courses, with profiles and course statistics of vertical climbs and course distances. Reider Petersen, Rodney Lee, and Dan Thorndike have all skied these courses. The Classic course looks good—is feasible, meets the OISRA Nordic race rule parameters well, and there is agreement among all who skied it that it will work well.

- Bill described the facilities—the parking lot, portable toilets, yurt, trailer for Nordic rentals.
- If we are self-sufficient, it will be cheaper for us to provide what we need for a race. However, the people at the Nordic Center could help us get any support we need for a cost (extra tents, for example).
- Logistics of our race support gear, etc. is easy because of easy access from parking lot to team tents and race start area.
- Race courses are wide in comparison to Teacup.
- Relay course has a nice start area that is big enough for 5 – 6 relay lanes and is right near the parking lot. It is flat and off the loop. Tom (the Mt. Shasta Nordic head person) showed Rodney an unused trail that was not being currently groomed that could be used to create a relay course. The course would be run like a letter M—go out and come back a bit, go out and come back. There is a fun factor in the M design, and this design was Tom’s idea. It drops about 40 feet.
- Freestyle race course selection is not final at this time. First course option (suggested by Mt. Shasta Nordic person) has a single climb greater than OISRA race course parameters. Bill had a second option that reduced the single climb and still came down Twist and Shout. Rodney and Dan Thorndike had a third option that included skiing the first course selection counter-clockwise, and includes using Reprieve (a more rolling trail with up and downhill sections) instead of returning on a long downhill and the Bear Springs Road, which is flatter. Third option adds more total climb and more total length to the second option. Bill will check the third option and put it into numbers and see if it is within the race course parameters for total climb. If can not resolve the total climb hurdle, then could possibly use the classic course for the freestyle course. It is agreed that there are several feasible options.
- Dan Thorndike is highly promoting Mt. Shasta as the venue for the state meet. He has spent a lot of time there and knows a lot of people, both alpine and Nordic. Pete Reinhardt is excited about the venue—his kids train there. Reider Petersen has skied there a lot and thinks it is a good venue for the state meet.
- Jinny reported that there are lots of lodging options and several banquet options for facilities and catered food. There are also resource people there to help us. Laurel at the Nordic area has offered to house the TD at her home, provide volunteers for race help on Friday, and help coordinate any plans to help us take care of our scheduled events. Dan Thorndike knows her well. She will close the Nordic trails to the public on both Friday and Saturday. We can park the buses in the parking area and use them for extra shelter. Can also provide a shuttle to the alpine ski parking (less than a mile away), where there is ample parking available. Jinny will continue to finish up some details on the research she has done and turn over the management of lodging and banquet details to Ashland people.

Eric adjourned the meeting at 4:26 p.m.

Respectfully submitted,  
 Jinny Martin  
 OISRA Nordic Secretary

## Appendix I

<b>OISRA Cross Country 2009-2010 Treasury Report</b>				
updated 3/5/10 by Brice Murri, Treasurer				
<b>Deposits</b>				
Balance remaining in account from 2008-2009 season =		\$3,532.58		
Name	Amount	Check #	Date	Comments
Oregon Nordic Club	\$12.38	1242	8/8/2009	Albertson's donation
Oregon Nordic Club	\$400.00	1243	9/22/2009	State Meet Donation for trophies
Mtn. View	\$2,475.00	8539	11/21/2009	25 boy, 28 girl and 2 Summit girl skiers @\$45
Mtn. View	\$45.00	8684	1/13/2009	1 more boy skier @\$45
Summit	\$45.00	1012	12/23/2009	1 more girl skier @\$45
North Eugene	\$45.00	323	12/1/2009	1 girl skier @\$45
South Eugene	\$1,170.00	322	12/1/2009	7 boy, 19 girl skiers @\$45
South Eugene	\$45.00	328	12/23/2009	1 girl skier @\$45
Northwest Youth Corps Outdoor School	\$180.00	324	12/1/2009	4 boy skiers @\$45
Trinity Lutheran	\$74.00	8561	12/23/2009	2 girl skiers @\$45, minus a credit of \$16 that Mtn View had from excess 2009 State Meet fees
Ashland	\$540.00	953	12/28/2009	4 boy, 8 girl skiers @\$45
Franklin		paid OISRA direct	12/17/2009	3 boy skiers @\$45 (they sent check to Bev Timm)
Hood River		paid OISRA direct	12/17/2009	3 boy, 1 girl skiers @\$45 (they sent check to Bev Timm)
Hood River	\$45.00	2019	1/16/2010	1 more boy skier @\$45
Cleveland		paid OISRA direct	12/17/2009	4 boy, 4 girl skiers @\$45 (they sent check to Bev Timm)
Cleveland	\$90.00	64	1/11/2010	1 more boy, 1 more girl skier @\$45
St. Mary's Academy		paid OISRA direct	12/17/2009	23 girl skiers @\$45 (they sent check to Bev Timm)
Grant		paid OISRA direct	12/17/2009	1 boy skier @\$45 (they sent check to Bev Timm)
Southern League	\$145.00	269	1/25/2010	Reimbursement for Porta potty at Willamette Pass (it was a Southern League race)
Central Oregon Radiology	\$2,500.00	1848	2/5/2010	State Meet Sponsorship
Mountain Shop (628 NE Broadway, Portland)	\$200.00	06332	2/25/2010	State Meet Sponsorship
North Eugene	\$15.00	342	2/16/2009	State meet team fees (1 skier at \$15)
South Eugene	\$70.00	342	2/16/2009	State meet team fees (2 full teams at \$35)
Northwest Youth Corps	\$35.00	342	2/16/2009	State meet team fees (1 full team at \$35)
Trinity Lutheran	\$15.00	008805	2/23/2010	State meet team fees (1 skier at \$15)
Mtn. View	\$35.00	008805	2/23/2010	State meet team fees (1 full team at \$35)
Summit	\$70.00	008805	2/23/2010	State meet team fees (2 full teams at \$35)
St. Mary's Academy	\$35.00	57171	2/23/2010	State meet team fees (1 full team at \$35)
Hood River	\$35.00	2182	2/23/2010	State meet team fees (1 full team at \$35)
Cleveland	\$70.00	1	2/23/2010	State meet team fees (2 full teams at \$35)
Franklin	\$35.00	1	2/23/2010	State meet team fees (1 full team at \$35)
Grant	\$15.00	1	2/23/2010	State meet team fees (1 skier at \$15)
Ashland	\$70.00	1167	2/23/2010	State meet team fees (2 full teams at \$35)

Banquet cash	\$76.00	cash	2/23/2010	Banquet cash and donations received
Hood River	\$92.00	2184	2/23/2010	Banquet
South Eugene	\$832.00	345	2/23/2010	Banquet
St. Mary's Academy	\$560.00	5140	2/23/2010	Banquet
Cleveland/Franklin	\$128.00	2	2/23/2010	Banquet
Ashland	\$352.00	1170	2/23/2010	Banquet
Mtn. View	\$1,216.00	008807	2/23/2010	Banquet
Batten Family	\$48.00	1740	2/23/2010	Banquet
Rodney Lee	\$64.00	1371	2/23/2010	Banquet for Rodney, Technical Delegate, Snow Groomer and snowmobile driver
King Family	\$32.00	11078	2/23/2010	Banquet
Swaney Family	\$16.00	2387	2/23/2010	Banquet
Cross Family	\$32.00	2808	2/23/2010	Banquet
Holm Family	\$32.00	006865	2/23/2010	Banquet
		Note: Total received for banquet costs =		\$3,480.00
<b>Total received</b>	<b>\$11,991.38</b>			
<b>Debits</b>				
<u>Name</u>	<u>Amount</u>	<u>Check #</u>	<u>Date Paid</u>	<u>Explanation</u>
Ranch Country Outhouses	\$130.00	526	5/3/2009	porta potty rental for State Meet 2/19-22/09
Cascade Web Development	\$500.00	527	11/2/2009	Website maintenance for 2009-2010 season
OISRA State Treasurer (Beverly Timm)	\$2,690.00	528	12/18/2009	88 skiers at \$35 each (levy fees) minus \$390 because 39 skiers paid our \$10 league dues to Bev
South Eugene (c/o Janice Hatton)	\$8.00	529	12/18/2009	Reimbursement: they overpaid for 1 racer on Friday of 2009 State Meet
OISRA State Treasurer (Beverly Timm)	\$630.00	530	1/15/2010	18 more skiers at \$35 each (levy fees)
Advanced Systems	\$145.00	531	1/15/2010	Porta potty at Willamette Pass
Martha Struxness	\$359.45	532	2/24/2010	
Teacup Nordic Club	\$1,381.00	533	2/25/2010	State Meet snow grooming fee for 8 hours (\$800) and Saturday Trail passes (83 @ \$7.00)
Carlie Casey	\$562.50	534	2/26/2010	Technical Delegate costs for State Meet (770miles at \$0.50, 3days at \$50, 1 breakfast and 2 lunches = \$27.50)
Leslie Batten	\$4,172.48	535	2/26/2010	Banquet @ Hood River Inn (paid with her credit card); includes 221 meals @ \$16 + Service charge of \$636.48
Bend Awards and Engraving	\$465.90	536	2/27/2010	Awards for State Meet (13 plaques at \$28, 36 medals at \$1.50, 38 ribbons at \$1.05)
Rodney Lee	\$501.50	537	3/4/2010	Banquet (groomer, snow driver and T.D. = \$48), potties (\$180), patio heaters (\$260), parking for T.D. (\$13.50)
<b>Total paid out</b>	<b>\$11,545.83</b>			
<b>Balance in Liberty Bank account =</b>	<b>\$3,978.13</b>			

Appendix II

State Meet Report  
OISRA Nordic Division  
Compiled by Rodney Lee, State Meet Coordinator  
Feb 19-20, 2010

**2010 Central Oregon Radiology Associates  
OISRA Nordic State Championship**

**Race Venue:** Teacup Lake, Mt Hood

**Host League:** Northern League

**Other Supporting Entity:** Teacup Chapter of the Oregon Nordic Club

**Title Sponsor:** Central Oregon Radiology Associates

**Supporting Sponsors:** The Mountain Shop in Portland (Jeremy Rooper)

This report is a compilation of comments from coaches and key people who wanted to summarize their experiences.

Included in this report is the Incidents report and the State Meet Budget.

**Rodney Lee, State Meet Coordinator, Chief of Course:**

Friday and Saturday the weather was sunny with temperature 27 to 35 Fahrenheit. The grooming was old frozen snow, power tilled to create "sugar snow". The groomer made 2 passes on the freestyle and classic courses. This was a low snow year for Teacup and there was no new snow the week of the State Meet.

Friday's freestyle race had a few injuries due to falling while skiing which caused facial and/or arm abrasions and some bleeding. First aid was administered after the finish by either the Mt Hood Nordic Patrol or a volunteer with first aid training. Course monitors were nearby to quickly assess the injured skier and radio the skier status. A section of Raven's Run was periodically raked during the race because the racer's snow plowing was creating a trough in the middle of the section.

Saturday's classic course was altered by removing Wahoo Gulch at the request of South Eugene and the jury granted their request. Race officials felt the existing race course was safe and did not object to the jury's decision to alter the classic course. However, this late change disrupted the flow of events and mandatory meetings with the course monitors and course observers (technique watchers) did not happen. The original finish zone (3 set tracks) had to be taken down and setup adjacent to the start area. Teacup Road was then re-groomed to create 4 set tracks, 2 for starting and 2 for finishing. Fencing divided the starting and finishing tracks. The race start was a few minutes late.

After the classic race, the groomer prepared the relay course (Teatime) by setting classic tracks on the left and right side of the course and groomed the middle for freestyle. The exchange zone length was short due to the low snow pack which exposed stumps normally hidden in an average snow year.

There were no incidents requiring the snowmobile to fetch an injured skier on the race course.

**Jim Hill, South Eugene High School, Coach**

Thank you for putting on a great state meet. Tea Cup is a wonderful place to ski, you're very lucky to have it.

My only comment is that as a league I believe we should avoid sending kids down hills that beginners (half of the South Eugene team are beginners) will have trouble getting down. Two years ago I recall 6 girls crashing at the bottom of Wahoo Gulch after we spent quite a bit of time racking it to soften the surface. Thank you for changing the finish this year.

Overall, it was a great meet and an awesome place to ski.

**Leslie Batten, Franklin High School, Coach**

1. For the classic portion of the race, really encourage course monitors to gab less, monitor more. It's not so important for the skate portion...that's more of a politeness issue (Can a faster skier get by a slower skier without incident? Will the slower skier allow the faster skier to pass without incident?). There's just so much chatting occurring with the monitors.

2. Lots of bathrooms: this was excellent this year!

3. Parking: not a problem. Participants were really mindful.

4. Radios: this is just weird. I used my personal walkie-talkie on Saturday, on station 6-0 and could hear lots of chatter, just not any from you and I was at the top of Lakeside. Checking batteries or just replacing batteries prior to state is probably a good idea.

5. The public: I love the enthusiasm and amazing support of the parents. I don't love as much the fact that they get in the way. Alex said that when he came screaming down Teacup Road to the finish line, the public was so close to the skiing lane near Wahoo that he was tempted to bump them with his poles. Maybe in the high traffic areas we need to rope off the area.

6. More public: Getting to the relay area was challenging for many of the racers/monitors/coaches because many of the public were not on skis, so they were all over Lakeside...in the tracks, in the skating area...and not realizing skiers needed to get to Teatime. A general announcement at the start of the mass movement to the relay area may be a good idea.

7. Food: leave it out longer on Friday. Those of us who were course monitors in the boondocks found the food tables packed up by the time we

made our way back to the lodge. :(

8. Check the signs at the entrance to Teacup. On Friday, the sign at the east end of the lot read "Trails closed until 12:30pm". That confused the public, since the trails were really closed until about 3pm. The sign was correct on Saturday.

All in all, a really fun two days.

**Emile Amarotico, Ashland High School, Coach**  
Stunning event! Stunning setting!

Thank you!

**Jinny Martin, State Meet Pre-Race Secretary**  
Pre-race:

I received all the needed forms and information from Rodney Lee in sufficient time to get these distributed to the coaches and posted on the OISRA website.

I received all Academic Eligibility forms in a timely way. Next year I will switch my home phone to my fax machine continuously for a couple days and not expect people to call before faxing. There was some frustration with people not getting their faxes through on their first attempts. Scanning and sending by email is the "best" way to transmit this information. I will also include a home mailing address, as this was requested by one school athletic director.

There were 3 eligibility issues (all different types of issues) and all were resolved in a timely way by the responsible officers. One was handled by the Nordic Commissioner, one was handled by the OISRA Executive Director, and one was handled by the Nordic Steering Committee. All students were permitted to race.

Post-race:

The results I received from Carl Batten were excellent. They were in a clean format that was easy to read and I received them in time to get them to the newspapers well within their deadline times. I received full results from Carl before the banquet started on Saturday. He even included varsity relay skiers' names (at the request of The Bulletin). The Bulletin posted Friday's results in Saturday's paper and Saturday's results in Sunday's paper.

The OISRA webmaster posted the results ([www.oisra.org](http://www.oisra.org)) on Monday, February 22<sup>nd</sup>.

**Dan Torrence, Chief Timekeeper**

First, thank you (Rodney) for your tremendous effort to make the State Meet a quality event! It surely would not have happened without your involvement.

Next, I really must compliment all aspects of the Meet. The pre-work made things go smoothly. We had everything we needed, including great weather.

The one item of concern was the late change to the classic course on Saturday morning. While everyone pitched in and helped rearrange the stadium, it was very stressful and hectic for all involved, and I was pleasantly surprised that we started the race only about 7 minutes late. I recall a similar concern from one school 2 years ago and would suggest that we agree on course layout well before the race to mitigate any concerns. I got the feeling that no matter what the snow conditions were, the original classic layout would not have been acceptable to those protesting.

Again, my thanks to you (Rodney) and everyone that made the State Meet a huge success!

### **Mike Bogar, Cleveland High School, Coach**

The state meet was great. We picked the right state meet coordinator. He obviously has an in with the weather gods. The banquet went very well. The Cleveland kids appreciated being able to be an integral part of the ceremony.

The comments below are intended to help with improvements. By definition, that means they tend toward things that were not quite right. It may make the list seem negative. If I also listed the things that went well, it would have a very positive tone, but it would be a very, very long list and nobody would read the whole thing.

1. Start seeding lists could be done by leagues, rather than by teams. Based on league race results and input from coaches, the league rep or her results calculator would create a league start list and submit it to the state meet race secretary.
2. There were too many state meet emails. There were too many big attachments with state meet emails.
3. The TD was great, but in jury meetings, it should be emphasized that OISRA Race Rules supersede FIS/USSA rules. The only situation where this seemed relevant was in discussion of penalties other than disqualification for technique violations.
4. Leagues should consider appointing someone other than a head coach for state meet juries, particularly for classic technique. For 2010, this could have been one of many Teacup members or other local skiers who are very familiar with the difference between skating and allowable classic techniques. This would eliminate potential indirect conflict of interest. (eg, When a jury member coaches a team that is in close competition for a medal with the team that a violation is reported against.) It might require a Nordic rule change to appoint jury member who is not affiliated with OISRA.
5. Video cameras on a couple of uphill in a classic race? Seems Big Brother-like, but it could help jury members.
6. As Teacup Race Director, I think the certificate of insurance was handled poorly. I think the certificate went to the ONC state Treasurer. For other events at Teacup (Ski-O, OHSNO race), the sponsoring group sent certificates naming the Oregon Nordic Club & its Teacup Lake Chapter as insured to the designated member of the Teacup Board. I

think this was communicated to OISRA. If OISRA or the ONC state board objected to this process, it should have been communicated to the Teacup board or Teacup contacts before the certificate was sent. I understand that Teacup is part of the ONC, which is the legally recognized entity, but the Teacup board and volunteers have high visibility and the chapter has large assets, putting us at risk of being named in law suits.

Data for Incidents/Injury Report  
Interviewer: Bill Martin at Awards Ceremony  
Oregon Interscholastic Ski Racing Association  
State Meet at Teacup Nordic Area (Mt. Hood Oregon)  
Date February 19, 20, 2010 Clear Sky Temp 28 to 35 Fahrenheit  
Old frozen power tilled snow

Injured person: Bib 115 Sarah Wigginton                      Gender F              Age  
Address:    Phone  
Coach: Candace Bonner    School              Saint Mary's  
Date of incident: Friday Feb 19 2010                      Time 2:10 PM  
Location: On Free Style Race course, **Near bottom of Meadow Trail and start of Larch Lane\***  
Nature of Activity: Cross Country Ski Race  
Description of Incident: Fall while skiing down hill during the 6 K free style race.  
Observed Injuries: Face abraded by snow and bleeding  
Action Taken: Skier continued the race. **First aid administrated after finish.\*** Coach notified.  
Witness: **Unknown\***  
**Red highlight not confirmed please review. Age and contact information only in official reports.**

Injured person: Maia Watkins                                      Gender F              Age  
Address    Phone  
Coach: Charlie Wilshire    School: South Eugene  
Date of incident: Saturday February 20, 2010              Time: App. 9:00 AM  
  
Location: On Classic Race course. On Wahoo Gulch trail  
Nature of Activity: Warming up for the Classic cross country ski race.  
Description of Incident: Skier fell on steep stretch midway on the Wahoo Gulch trail.  
Observed Injuries: Face abraded and bleeding, lips bruised, right shoulder injured, ligament tear.  
Action Taken: Skier walked back to the lodge, was treated for abrasions **and then taken to the Hood River Hospital. \***  
Witness: Unknown

Injured person: Bib #50 Silva Bybee                              Gender F              Age  
Address:    Phone  
Coach: Charlie Wilshire    School: South Eugene  
Date of incident: Saturday February 20, 2010              Time: Appx. 10:45 AM

Location: On Classic 5 K race course, at the bottom of the steep down hill on the Mountain View trail: Visible from course monitor #4.

Nature of Activity: Racing during a High School Ski Race.

Description of Incident: Skier fell at high speed at the bottom of a steep pitch of trail. Skier fell forward and abraded her face near her eye and cheek. Skier took a minute to decide to finish the race.

Observed Injuries: Abraded face.

Action Taken: **First aid for abrasions after completing the race course.\***

Witness: Bill Martin, 541 280 5289. Course monitor number 4.

<b>2010 OISRA State Meet Budget Report</b>		
	<b>Received</b>	<b>Expenses</b>
Central Oregon Radiology Associates	\$2,500.00	
Bend Heating (Allison and Steve Zettle)	\$0.00	
PacWest Sales (Buderus Distributor)	\$0.00	
Mountain Shop donation (Jeremy Rooper)	\$200.00	
Oregon Nordic Club donation for trophies	\$400.00	
Team State Meet fees collected		
Ashland	\$70.00	
Mountain View	\$70.00	
North Eugene	\$15.00	
South Eugene	\$70.00	
Summit-	\$35.00	
NWOS (Northwest Youth Corps)	\$35.00	
Trinity Lutheran	\$15.00	
Franklin	\$35.00	
Cleveland	\$70.00	
Grant	\$15.00	
SMA	\$35.00	
Hood River	\$35.00	
Teacup trail pass 113 racers, 83 not Teacup members @\$7 Fri ( <b>Racers pay for Day 1</b> ) = \$581		\$0.00
Teacup trail pass 114 racers, 83 not Teacup members @\$7 Sat = \$581		\$581.00
Teacup grooming, Friday & Saturday		\$800.00
Teacup:Porta potties, 2each with sanitizers		\$180.00
Tent, Patio Heater		
Canopy 20x20 (Southern League providing) \$260 rental fee		\$0.00
4ea sidewalls, with windows 20 feet (Southern League Providing) \$140 rental fee		\$0.00
2ea 8ft Patio Heater \$60ea		\$120.00
2ea 25# propane tanks (\$5ea)		\$20.00
6.7 lbs Propane used (\$2.99/lb)		\$20.00
Delivery/Pickup Setup and breakdown fee (deliver Thu 8am, pickup Sat 3pm)		\$100.00
Technical Delegate expenses (USSA 305.1.1) 2010 version		
\$50/day (3 days Thu-Sat) \$150		\$150.00
770mi x \$0.50/mile U.S. Gov rate 2010 (\$385)		\$385.00
Lodging (2/18-21) with Hood River Parent Leisa Runyan		\$0.00
Meals		\$27.50
Snow Parking Pass 3 days @4.50/day (Rodney Lee reimbursable)		\$13.50
Participation pins paid by OISRA (Alpine+Nordic) from skier fee \$30		\$0.00

Bend Awards and Engraving		\$465.90
Programs printing (donation from Gary Asher of Maverick Publications )		\$0.00
Food for racers and volunteers SMA (Martha Struxness)		\$360.00
Additional food donation \$143		\$0.00
Clerical costs (donation from Jinny Martin)		\$0.00
Banquet room rental \$200 if less than 100 buying food		\$0.00
Banquet:Hood River Inn billed (221 attendees, \$16ea) + 18% service charge		\$3,536.00
Banquet 18% service charge		\$636.48
Banquet cash received	\$3,480.00	\$0.00
Banquet meals \$16: 3ea (Technical Delegate, Groomer, Snowmobile Driver)		\$48.00
Banquet meals donation Rodney Lee: 1ea (Groomer Assistant=Teresa Webb)		\$0.00
<b>Totals</b>	<b>\$7,080.00</b>	<b>\$7,443.38</b>
<b>State Meet Budget</b>		<b>\$363.38</b>

Appendix III

OISRA Nordic Rules Committee  
March 14, 2010  
Rays Grocery Community Meeting Room  
Sisters, Oregon  
11:30 a.m. – 1:30 p.m

Present:

Eric Martin—OISRA Nordic Division Director

Bill Martin—Southern League representative (non-voting)

Charlie Wilshire—Southern League representative (voting)

Dave Munson—Northern League representative (voting)

Jinny Martin—notetaker

Janice Hatton was present and contributed to the discussion for part of the meeting.

***Bold Italics are additions to current rules that were agreed upon by the Rules Committee to be recommended to the Nordic Division Steering Committee for their approval.***

There was a suggestion to follow Section II D, regarding eligibility certification of racers and teams competing in the State Meet. The committee agreed that these procedures should be followed. They made one correction to the final sentence of this section.

They recommend that the last sentence of Section II D 2 c (1) should read: “Then the league representatives will assign the racers from that school to seeds on the League Start Lists ***at their discretion.***”

**Proposal #1:** Make additions and changes to Section II R

R. Rotation Schedule for the Nordic State Meet

***The league to host the following season Nordic State Meet will be determined by the Nordic Steering Committee at their Fall meeting, considering the following recommended schedule:***

Year	Host Leagues
<b>2011</b>	<b><i>Southern</i></b>
<b>2012</b>	<b><i>Southern</i></b>
<b>2013</b>	<b><i>Northern</i></b>
<b>2014</b>	<b><i>Southern</i></b>

**Proposal #2:** Make additions to Section I C 1 c so that it now reads

C. Duties of Members of the Nordic Steering Committee

1. Director

c. Shall authorize payment of expenses **and shall be authorized to sign contracts for the OISRA Nordic Division.**

**Proposal #3:** Add (2) to Section I C 5

**(2) Shall oversee that each team submits to the OISRA Executive Director, by November 9<sup>th</sup>, the Team Membership Application form (M-1) or its equivalent, which is the M-1 form without a school administrator's signature and an attached letter from the principal giving student/s permission to participate in OISRA activities and represent the school.**

**Proposal #4:** Change the "old" Section I C 5 (2) to Section I C 5 (3) and make the following changes:

(3) Shall submit the following team and League information to the Nordic Secretary by December 1, and update when necessary.

(a) League SOP's.

(b) League Race Schedule.

(c) All required registration documents

i. **Official Student Roster and Team Officials Roster: Electronic Master Registration (File B-1)**

ii. **OISRA Agreement of Release and Indemnity forms A1 (for students) and C1 (for coaches).**

iii. Team Policy Statement/s

iv. Any other clearances or forms established by the league.

**Proposal #5:** Change Section I D so that it includes changed wording.

#### **D. Election of Nordic Steering Committee**

1. The Director, Assistant Director, and Commissioner will be elected by the Nordic membership at the Nordic Fall General Meeting, and **will assume office following the election.**

a. Term of office will be for two (2) years. The Director and Commissioner shall have staggered terms with the Director being elected in odd years and the Commissioner in even years.

2. The Nordic Secretary is appointed by the Nordic Director and serves for one year, **assuming office in the Fall.**

3. The Nordic Treasurer is selected by the Steering Committee and serves for one year, **assuming office in the Fall.**

**Proposal #6:** Delete the following strikethroughs from Section I D 4

**D. Election of Nordic Steering Committee**

4. The League Representatives will be elected by their respective leagues, and serve for one (1) year, from the time of their election.

~~a. If a league Representative is unable to attend a meeting of the Steering Committee, that Representative shall authorize another Nordic member to attend and vote on behalf of the league.~~

~~b. This substitute is, nevertheless, charged with the duty to represent the concerns of the league.~~

**Proposal #7:** Make changes to Nordic Policies Section I P so that it reads as follows:

*P. Dues and Fees:*

**1. OISRA Individual Participation Fees and Annual Membership Dues**

**a. OISRA Individual Participation Fees**

**(1) The OISRA Board of Directors determines the individual participation fees annually and posts the amount on the OISRA web page by October 1<sup>st</sup>.**

**b. OISRA Annual Membership Dues**

**(1) Membership dues are incorporated into the individual participation fees.**

**(2) Full membership is given to those schools or clubs paying individual participation fees for three or more racers of one gender.**

**(3) Associate membership is given to those schools or clubs paying individual participation fees for less than three racers of one gender.**

**2. Nordic Division Participation Fees**

**a. Nordic Division individual participation fees shall be determined annually by the Nordic Steering Committee and submitted to the Nordic Secretary by September 16<sup>th</sup>.**

**3. Due Dates and Payment of Fees:**

**a. OISRA individual participation fees and Nordic Division individual participation fees are due to the Nordic Treasurer by November 23<sup>rd</sup>. These fees will be paid by one check from each school.**

**b. The Nordic treasurer forwards the OISRA fees to the OISRA treasurer by November 30<sup>th</sup> to meet the OISRA deadline.**

**c. A penalty can be assessed by the Nordic Steering Committee if the fees are not received by Nov. 23<sup>rd</sup>.**

**d. An individual is ineligible to compete until all individual participation fees are paid.**

**Proposal #8:** Make changes in Section II G 2 as follows:

### **G. Schedule and Competition Program:**

1. The State Meet will be 2 days in length and begin on the eighth Friday of the year.
2. The length of the courses and race format at State will be:  
***One event will be a Boys and Girls 4.5 K – 6K Interval Start***  
***A second event will be a Boys and Girls 5 K Interval Start***  
***A third event will be a Boys and Girls Relay 3 x 1 K Mass Start***

EVEN YEARS: 3 X 1K      CL, FS, FS

ODD YEARS: 3 X 1K      CL, CL, FS

*Preference is for Friday's event to be a Freestyle race .*

### **Proposal #9:** Make changes in Section I O as follows:

#### O. Definitions of teams

1. A **varsity team** shall consist of not more than five (5) members of the same gender. Additional members of a team beyond the varsity team shall be called junior varsity members.
2. A **full team** shall consist of three or more of the same gender skiing for a designated member school or member club.
3. ***An incomplete team shall consist of two of the same gender skiing for a designated member school or member club.***
4. ***A single individual skiing for a designated member school or member club can not get a team score, but the individual is a varsity racer.***

### **Proposal #10:** Add the following to Section I S 1

#### **S. Nordic Rules Committee**

1. The Nordic Rules Committee meets once a year in the Spring. ***The Nordic Director, with the consent of the majority of League Representatives, may elect to use email or other electronic communication for Rules Committee discussion and voting in lieu of the annual Rules Committee meeting.***

Appendix IV

**Proposed 2011 Southern League Race Schedule**

(Proposed on Feb. 4, 2010—approved on March 8, 2010)

Date	Discipline	Location	Notes
January 8, 2011	Jamboree— SK and CL	Diamond Lake	Not a state meet qualifying race. OISRA sanctioned and insured, but not a points event
January 15, 2011 State Meet Qualifier	Skate	Diamond Lake	Best course for first race
January 22, 2011 State Meet Qualifier	Classic	Hoodoo (JOINT)	Hoodoo and Mt. Bachelor are interchangeable, depending on availability
January 29, 2011 State Meet Qualifier	Skate	Willamette Pass	
February 5, 2011 State Meet Qualifier	Skate	Mt. Bachelor (JOINT)	Hoodoo and Mt. Bachelor are interchangeable, depending on availability
February 12, 2011 State Meet Qualifier	Classic	Chemult	
February 19, 2011	Skate	PaintBall Biathlon – most likely at Chemult	Not a state meet qualifying race OISRA sanctioned and insured, but not a points event
February 25, 26 State Meet	CL and SK	Mt. Shasta	

## Appendix V

### TENTATIVE\*\*\*Northern League 2011 Race Schedule\*\*\*TENTATIVE

Jan 08 NL @ Meadows Q#1

Jan 15 Joint w/ SL (Bachelor or Hoodoo ?) Q#2

Jan 23 No Race

(24<sup>th</sup>-28<sup>th</sup> should be Finals Week)

Jan 29 Skadi Cup @ Teacup Q#3, assuming OISRA approves  
(Jan 30 is Teacup Classic)

Feb 05 Joint w/ SL Q#4

Feb 12 Pursuit Race, incl non-NL skiers, Q#5, assuming OISRA approves

Feb 19 No race

Feb 25-26 OISRA State meet